



Sport Across Staffordshire  
And Stoke-on-Trent  
Stafford Borough Council  
Civic Centre  
Riverside  
Stafford  
ST16 3AQ

[www.sportacrossstaffordshire.co.uk](http://www.sportacrossstaffordshire.co.uk)



# SPORT ACTIVITY GUIDE

INFORMATION GUIDE FOR DISABLED PEOPLE AND  
THOSE WITH SPECIAL NEEDS

## 2009

### Mark Thornewill

Partnership Director  
01785 619896  
[mthornewill@staffordbc.gov.uk](mailto:mthornewill@staffordbc.gov.uk)

### Ben Hollands

Acting Sports Manager  
01785 619187  
[bhollands@staffordbc.gov.uk](mailto:bhollands@staffordbc.gov.uk)

### Claire Greenwood

Acting Workforce Dev. Officer  
01785 619317  
[cgreenwood@staffordbc.gov.uk](mailto:cgreenwood@staffordbc.gov.uk)

### Chris Turner

Club Development Manager  
01785 619681  
[cturner@staffordbc.gov.uk](mailto:cturner@staffordbc.gov.uk)

### Naomi Bird

Knowledge, Communications  
& Equality Manager  
01785 619585  
[nbird@staffordbc.gov.uk](mailto:nbird@staffordbc.gov.uk)

### Alison Williamson

Physical Activity Development Manager  
01785 619695  
[awilliamson@staffordbc.gov.uk](mailto:awilliamson@staffordbc.gov.uk)

### Kam Webster

Education & Training Officer  
01785 619695  
[kwebster@staffordbc.gov.uk](mailto:kwebster@staffordbc.gov.uk)

### Nicola Hill

Sport Unlimited Admin Officer  
01785 619599  
[nhill@staffordbc.gov.uk](mailto:nhill@staffordbc.gov.uk)

### Leigh Morton

Administration Officer  
01785 619349  
[lmorton@staffordbc.gov.uk](mailto:lmorton@staffordbc.gov.uk)

### DISABILITY CONTACT INFO

01785 619599  
[disabilitysport@staffordbc.gov.uk](mailto:disabilitysport@staffordbc.gov.uk)



Increasingly Active, Healthy and Successful Communities

Tel 01785 619599  
Email [disabilitysport@staffordbc.gov.uk](mailto:disabilitysport@staffordbc.gov.uk)  
Web [www.sportacrossstaffordshire.co.uk](http://www.sportacrossstaffordshire.co.uk)



## INTRODUCTION—Who are we?

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Sport Across Staffordshire and Stoke-on-Trent (SASSOT) is a countywide partnership that offers a one-stop shop of information by linking together local providers of sport and active recreation. Key partners that work with SASSOT include, Local Authorities, National Governing Bodies of Sport, Primary Care Trusts, universities, schools, Sports clubs and volunteers. Working in partnership with these organisations helps to connect and engage local communities to become more active and achieve their potential.

**S**upporting Club and coach development

**A**chieving more through partnership working & sharing good practice

**S**uccess through sport, physical education and active recreation

**S**afeguarding children and providing opportunities for all

**O**ne-stop shop into sport

**T**raining and education

### What can I find in this booklet?

Take a look at this booklet and find out about local sports clubs, activities and summer schemes.

Make sure that you also check out our Contacts section to find sports officers in your area that can help you to find the sport of your choice.

**And don't forget SASSOT are always here to help!!**



01785  
619599

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## INCLUSIVE Fitness Initiative

The Inclusive Fitness Initiative has meant that local leisure centres have developed accessible and inclusive environments with the installation of specialist disability equipment. The IFI accredited sites are listed below:

### Stafford Leisure Centre

Stafford  
01785 619500

### Chase Leisure Centre

Cannock  
01543 504065

### Westbridge Park Sports Centre

Stone  
01785 619600

### Friary Grange Leisure Centre

Lichfield  
01543 308842

### Willfield CEC

Stoke on Trent  
01782 234632

### Aldersley Leisure Village

Wolverhampton  
01902 556200

### Wolverhampton Swimming and Fitness centre

Wolverhampton  
01902 384777

For more information visit [www.inclusivefitness.org](http://www.inclusivefitness.org)

## SPECIAL Olympic Groups

Special Olympics provides all year round sporting opportunities for people with learning disabilities. There are all sorts of sports on offer from athletics to basketball and many more.....

**Stafford Special Olympic**  
**Clive Gibson**  
**01543 503069**

**North Staffordshire Special Olympics**  
**Barry Simpson**  
**07877624903**



# SUMMER Activities

## STAFFORD

### NAS Stafford

2 sessions per week during the summer holidays at a local soft play facility. Disabled and special needs children and their siblings are welcome.

**Mandy** for up to date costs  
**01785 665232** 01782 717612  
**nsadventure@lineone.net**

Age range  
3 to 11 years

### 'Get Out' Programme

A free playscheme for special needs and disabled children and their siblings offering fun activities, sports, games, painting, sensory room. Fully staffed.

**Marshlands School, Lansdowne Way,  
 Stafford ST17 4RD**  
**Alex Baines at the Community Council**  
**01785 242525**

Application forms are in the brochure  
 "Get Out" produced by  
 Stafford Borough Council  
 01785 619000

Age range  
8 to 13 years



## TAMWORTH

A playscheme for disabled and special needs children offering arts and crafts, sports, games and music. This is fully staffed.

**Two Rivers Primary School &  
 Two Rivers Secondary School**  
**Karen Moss,**  
**Tamworth Borough Council**  
**01827 709316**

Age range  
5 to 16 years

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### ATTENTION!!

Throughout this booklet you will see this symbol.



Clubmark is the Sport England cross-sport quality accreditation for clubs with junior sections.

This means that clubs achieve minimum operating standards and are SAFE, EFFECTIVE AND CHILD FRIENDLY!

For more information on Clubmark Accreditation, please see our Website [www.sportcrossstaffordshire.co.uk/Clubs/ClubAccreditationClubmark](http://www.sportcrossstaffordshire.co.uk/Clubs/ClubAccreditationClubmark)

# ATHLETIC Clubs

# SUMMER Activities

**Tamworth Athletic Club**  
Tamworth Stadium,  
Marlborough Way,  
Tamworth, B77 2HA  
Tamworthac@aol.com  
www.tamworthac.co.uk

**Malcom Perry**  
01827 260897



**Burton Athletic Club**  
Shobnall Leisure Complex,  
Shobnall Road, Burton-on-  
Trent, SDE14 2BB  
diharrison@googlemail.com  
www.burtonac.co.uk

**Diane Harrison**  
01283 211486  
07719824396



**Cannock & Stafford Athletic Club**  
Rowley Park Stadium, Averil  
Road, Stafford, ST17 9XX  
kazmoody@yahoo.co.uk  
www.csathletics.com/index

**Dave Crutchley Jon Ross**  
01922 418645 07970031566



**Newcastle Staffs Athletic Club**  
Ashfields Track, Ashfields  
Road, Newcastle under Lyme,  
ST5 2SJ  
www.newcastlestaffsac.org.uk

**Rebecca Redding**  
01782 331674



**Stafford Harriers**  
St Leonards Sports & Social  
Club, St Leonards Ave,  
Stafford, ST17 4LX  
janebisiker@talktalk.net  
www.staffordharriers.org

**Jane Bisiker**  
01785 711103



## LICHFIELD

### Lichfield District Council (Special Needs children only)

Lichfield is providing 6 trips to various venues. They will be fully staffed and parents and families are not required to attend.

**Mary Cooke 01543 308765**  
mary.cooke@lichfielddc.gov.uk

Age range  
5 to 19 years

## NEWCASTLE-UNDER-LYME

### Crossroads Playscheme

For details and application forms contact:-

**01782 268391 or j.nicholls@crossroadsstaffordshire.org.uk**

### North Staffs Special Adventure Playground

Various play sessions are held for families and children with special needs.

**To book a place and check availability**  
**01782 717612**  
nsadventure@lineone.net

Age range  
6 to 19 years

## SOUTH STAFFORDSHIRE

### Wings - Wombourne Special Needs Support Group

A playscheme for special needs and disabled children incorporating a variety of trips and activities. Fully staffed and a high level of trained volunteers.

**Wombourne Community Centre**  
**01902 892222**  
mail@wingssupport.com

Age range  
5 to 18 years

## SUSSED

Multi-activity programmes are available at Codsall, Penkridge, Wombourne and Cheslyn Hay Leisure Centres throughout the school summer holidays.

**01902 696519**

### CANNOCK CHASE

#### Chase It

A variety of inclusive play and sport activities for children who live in Cannock Chase.

**Debbie Pearce**  
01543 425996  
0797 3933698

[deborahpearce@cannockchasedc.gov.uk](mailto:deborahpearce@cannockchasedc.gov.uk)

Age range  
4 to 13 years

#### SNAP Special Needs Adventure Playground

A purpose built play facility for disabled and non-disabled children of all ages, providing an extensive range of both indoor and outdoor play equipment.

**Pye Green Road, Cannock**  
01543 579286  
[info@snapcannock.co.uk](mailto:info@snapcannock.co.uk)

Age range  
4 to 16 years

### EAST STAFFORDSHIRE

#### Shobnall Leisure Centre

A multi-sports session for disabled or special needs young people is run once per week during the school summer holidays.

Activities for all children which some special needs or disabled children can access.

**Shobnall Leisure Centre, Burton DE14 2BB**  
**Emma Gilbert / Neil Brown**  
01283 505914  
01283 516180

Age range  
5 to 18 years



**Stoke Spitfires Wheelchair Basketball Club**  
Dimensions Leisure Centre  
Burslem  
Stoke ST6 4ET  
01782 233500

**Andy Flowers**  
01782 853626 07986070649  
[andrew.flower@ntlworld.com](mailto:andrew.flower@ntlworld.com)  
[stokespitfires.co.uk](http://stokespitfires.co.uk)



# FOOTBALL Clubs



## Staffordshire Ability Counts Clubs

For further information on all these clubs, please log onto: [www.staffordshirefa.com](http://www.staffordshirefa.com)

**Able to United**  
Shobnall Leisure Complex  
Shobnall Rd, Burton-on-Trent,  
SDE14 2BB

Sesh Mumtaz  
01283 505914

**U16/U12/  
Open Age**

**FC Bloxwich**  
Vernon Way, Sneyd Lane,  
Bloxwich, WS3 2LU

Rob Cooper  
07811868121

**U12**

**Park House United**  
Great Wyrley FC, Hazel  
Lane, Cannock, WS11 9XX

Jacque  
WoodwardLakin  
07815826981

**Open Age**

**Stafford Town  
Dragons**  
Rowley Park, Averill Road,  
Stafford,  
ST17 9XX  
Gordon Evans  
01889 882725

**U16/U12/  
Open Age**

**Stoke City Ability Counts FC**  
Britannia Stadium, Stanley  
Matthews Way,  
Stoke on Trent,  
ST4 4EG  
Lindsay Leighton  
07813709494



**U12/  
Open Age**

**Stoke Deaf**  
Shaunsadlier@stokecitydeaffc.  
co.uk

Shaun Sadlier  
07873608944  
(text only)

**Open Age**

**Whittington FC**  
17 Purcell Avenue, Lichfield,  
WS13 7PH



Wayne  
Thurstance  
07792037402

**U12**

**Staffordshire FA  
Centre of Excellence**  
Dyson Court, Staffs Technology  
Park, Beaconside,  
Stafford,  
ST18 0LQ

Jamie Leaning  
07800619884

**U17/U14**

# SPORT SPECIFIC Contacts

## Athletics

Nick Robinson  
07803 671970  
nrobinson@englandathletics.org

## Badminton

Cheryl Whittingham  
07976 588996  
cherylwhittinghamb-  
dostaffs@googlemail.com

## Cricket

Jason Britton  
07827 307745  
jason.britton@ecb.co.uk

## Football

Andy Weston  
01785 256994  
andy.weston@staffordshirefa.com

## Hockey

Jamie Fleet  
07718 699654  
jamie.fleet@englandhockey.org

## Netball

Carly Beach  
07921 699654  
carlyb@englandnetball.co.uk

## Rugby

Tomas Bartram  
07841 156806  
tombartram@rfu.com

## Swimming

Debbie Deane  
01527 517508  
debbie.deane@swimming.org

## Table Tennis

Chris Newton  
07904 115138  
chris.newton@englishtabletennis.ord.uk

## Volleyball

Stuart Johnson  
01509 631699  
s.johnson@volleyballengland.org

## 2012 Games

Staffordshire  
Chris Kirkland  
01785 854595  
07773 791118  
chris.kirkland@staffordshire.gov.uk

Stoke on –Trent  
Vanessa Darlington  
01782 236156  
vanessa.darlington@stoke.gov.uk



For more information on activities, events, news & volunteering, please log onto our website....

[www.sportacrossstaffordshire.co.uk](http://www.sportacrossstaffordshire.co.uk)

## Cannock Chase

Paul Smith  
01543 427895  
paulsmith@cannockchasedc.gov.uk

## East Staffordshire

Emma Gilbert  
0183 505910  
emma.gilbert@eaststaffsbc.gov.uk

## Lichfield

Sarah Sleigh  
01543 308835 or 0776416614  
sarahsleigh@lichfielddc.gov.uk

## Newcastle-under-Lyme

Lucy Taylor  
01782 742615  
lucytaylor@newcastle-staffs.gov.uk

## South Staffordshire

Mark Jenkinson  
01902 696533  
m.jenkinson@sstaffs.gov.uk

## Stafford

Kath Fenn  
01785 619565  
kfenn@staffordbc.gov.uk

## Staffordshire Moorlands

Tony Wheat  
01538 395730  
anthonywheat@staffs Moorlands.gov.uk

## Stoke-on-Trent

Marie Jenkins  
01782 234992  
marie.jenkins@stoke.gov.uk

## Tamworth

Karen Moss  
01827 709316  
karen-moss@tamworth.gov.uk

# BADMINTON Clubs

Badminton is one of the worlds fastest racket sports and is popular because it can be played by any age group at any level. It requires at least two players, rackets, a shuttlecock and a rectangular area divided into two halves.

Playing badminton helps to develop agility, balance and coordination and of course speed.

Bisi Badminton Festivals look at a wide range of activities to introduce young people to the fundamental movement patterns required for all sport (gait, squat, lunge, bend/flexion, push, pull, rotate/twist). These festivals are tailored and adapted for all ages and abilities, with an overall emphasis on having fun as well as learning.



For more information on badminton and clubs, please contact:

**Badminton Development Officer**  
**Cheryl Whittingham**  
Staffordshire and Stoke-on-Trent  
Stafford Borough Council  
Civic Centre, Riverside  
Stafford, ST16 3AQ  
01785 619694  
07967 588996  
cherylwhittinghambdstaffs  
@googlemail.com

**Badminton England**  
**James Watmough**  
National Disability Officer  
  
01509 226738  
07825 312258  
  
jameswatmough  
@badmintonengland.co.uk

# CRICKET Clubs



Cricket is one of the most popular sports in the country, facilitating personal and skill development in a quality, safe and friendly environment.

Staffordshire Cricket acknowledges the importance of Sport Across Staffordshire and Stoke-on-Trent and its significant contribution to the development

and promotion of a very popular national summer sport.

Staffordshire Cricket in partnership with Sport Across Staffordshire and Stoke-on-Trent provides opportunities for young people of any age to play and enjoy cricket, irrespective of race, gender or any disability.

Anyone interested in cricket, should contact their local Cricket Club, local Sports Development Officer or Cricket Development Manager (see below).

**Jason Britton**  
Cricket Development Manager  
07827307745  
jason.britton@ecb.co.uk

**Alison Grimley**  
Cricket Development Officer  
07708129643  
alison.grimley@ecb.co.uk

www.ecb.co.uk  
www.staffordshirecricket.co.uk



# GYMNASTICS Clubs

<b>East Staffs GC</b> Centrum 100, Burton-on-Trent  01283 538960 <b>CLUB MARK</b> <b>Women's Artistic &amp; Acrobatic</b>	<b>Special Olympics Wolverhampton</b> Westcroft Sports College, Wolverhampton 01902 741428 <b>*GMPD</b>
<b>G-Force TC</b> Friary Grange Leisure Centre, Lichfield  01543 308842 <b>Trampoline Gymnastics</b>	<b>Stafford Acrobatics &amp; GC</b> Stafford Leisure Centre  01785 619500 <b>Multiple (call for details)</b>
<b>Ice TC</b> Woodhouse Sports Centre Tamworth  01827 312561 <b>Trampoline Gymnastics</b>	<b>Stockport Special GC</b> Royal School for the Deaf, Stockport  0161 9764946 <b>*GMPD</b>
<b>Mo-Gylity GC</b> Peaks Leisure Island, Tamworth  01827 312561 <b>Multiple (call for details)</b>	<b>Stone Acro</b> St Dominic's School, Stone  01785 714616 <b>Acrobatic Gymnastics</b>
<b>Nuneaton Olympic GC</b> Etone Sports Centre, Nuneaton  02476 164650 <b>CLUB MARK</b> <b>Women's &amp; Men's Artistic Gymnastics</b>	<b>Style 90 GC</b> The Grove Primary School, Stafford  01785 222470 <b>Acrobatic Gymnastics</b>
<b>South Staffs GC</b> Littleton Youth Centre, Huntington, Cannock  07734 104955 <b>Acrobatic &amp; General Gymnastics</b>	<b>Tamworth GC</b> Lichfield Road Industrial Estate, Tamworth  01827 286305 <b>CLUB MARK</b> <b>Multiple (call for details)</b>

(\* GMPD - Gymnastics and Movements for People with Disabilities)

# GYMNASTICS Clubs

**Uttoxeter GC**  
Uttoxeter Gymnastics Centre,  
ST14 8AZ



07730 769307

General  
Gymnastics

**The Wingate Special Children's Trust**

Wingate Centre,  
Wrenbury, Cheshire  
01270 780456

Multiple  
(call for details)

**Uttoxeter Leisure Centre GC**  
Uttoxeter Leisure Centre

01889 562844

General  
Gymnastics

**Wolverhampton GC**  
Deansfield High School

01384 279051

Multiple  
(call for details)

**Blythe Acro**  
Painsley RC High School.  
Stoke-on-Trent

01782 395608

Acrobatic  
Gymnastics

**Cheshire Academy**  
Cheshire Integrated  
Gymnastics Centre  
01270 255355

Multiple  
(call for details)

**Burntwood Elite GC**  
Burntwood Leisure Centre

01543 672711

General  
Gymnastics

**City Of Stoke GC**  
Burslem PE Centre

01782 234444

Multiple  
(call for details)

**Change GC**  
Norton Canes High School

01543 514400

Acrobatic  
Gymnastics

**City of Stoke TC**  
Fenton Manor Sports Centre

07766 835417

Trampoline  
Gymnastics

**Chase GC**  
Kingsmead High School  
Hednesford

01543 578610

Women's  
Artistic  
Gymnastics

**Crewe & Nantwich GC**  
Camm Street Centre

01270 214324

Multiple  
(call for details)



For more information on the disciplines please log onto [www.british-gymnastics.org](http://www.british-gymnastics.org) and for any further queries please email [information@british-gymnastics.org](mailto:information@british-gymnastics.org)

# RUGBY Clubs

Rugby Union is one of the top team sports in the UK and the England rugby team is one of the best in the world. If you have a go at playing rugby then the Special Schools Sports Festival is a good place to start!



Remember, the great thing about rugby is that whatever your speed, size, shape, height or weight there is a playing position for you—rugby welcomes everybody!

Other useful links:

[www.rfu.com](http://www.rfu.com)  
[www.planetrugby.co.uk](http://www.planetrugby.co.uk)

For more information on Rugby and clubs, please contact:

Tom Bartram  
Staffordshire Rugby  
Development Officer  
07841156806  
[tobartram@rfu.com](mailto:tobartram@rfu.com)



# SWIMMING Clubs



**The Penguins Swimming Club**  
Friary Range Leisure Centre,  
Eastern Avenue, Lichfield, WS13 7EW

Info@penguinsswin  
club.fsnet.co.uk

**John Townsend**  
01543 262054

**01902 898202**

**Wombourne Swimmers**  
Wombourne Leisure Centre  
Onsdale Road, Wombourne,  
WV5 8BJ  
womoume@sstaffs.  
gov.uk

**Biddulph Disability  
Swimming Club**  
Biddulph Leisure Centre, T  
hames Drive, ST8 7HL

webmaster@  
biddulphasc.co.uk

**01785 515005**

**Blackfriars Swimming Club**  
Blackfriars School, Priory Road  
Newcastle under Lyme, ST8 7HL

admin@blackfriars.  
staffs.sch.uk

**01782 297780**

**Burntwood Green Turtles**  
Burntwood Leisure Centre  
High Street, Chasetown,  
Burntwood,  
WS6 7JQ

**Anne Harley**  
01543 674015

**Cheslyn Hay Otters**  
Cheslyn Hay Leisure Centre  
Saredon Road  
Cheslyn Hay  
WS6 7JQ  
cheslyn-  
hay@staffs.gov.uk

**Margaret Hodson**  
01922 713090

**City of Stoke Swimming Club  
COSACCS National Disability Squad**  
Shelton Pool, Simon  
Place, Shelton,  
Stoke-on-Trent, ST4 2DD

janet.slack@stoke.gov.uk

**Janet Slack**  
01782 234435

**Special Olympics Swimming Club**  
Codsall Leisure Centre,  
Elliot's Lane,  
Codsall, WV8 1PG

codsall@sstaffs.  
gov.uk

**Sophie Roberts**  
01902 844032

**Me Time**  
Wilnecote Leisure Centre, Tinkers  
Green, Tamworth, B77 5LF

parentsforum-  
staffordshire@bti  
nternet.com

**Liz Marton**  
07939 061311

**Splash Swimming Club**  
Jubilee Baths, Nelson Place,  
Newcastle under  
Lyme, ST5 1EA

jubileepool  
@newcastlestaffs.gov.uk

**Will Boyce**  
01782 616606

# TRAIL Orienteering Clubs

Conventional orienteering combines fast running with precise navigation, typically through forests or over moorland. Trail Orienteering (Trail O) is a discipline of the sport designed so that people with disabilities could have meaningful orienteering competitions. It completely eliminates the element of speed over the ground, but makes the map-interpretation element much harder.



Trail orienteering is a sport offered to people with widely differing physical abilities, including those with severely restricted mobility, who all compete on equal terms. Competitors travel along a track or marked route and study clusters of control markers placed in the terrain. They are issued with a very detailed map, and control descriptions. With these aids they must decide which (if any) of the markers relates to the feature depicted by the centre of the circle. Movement up and down the track is permitted but no one may approach the control markers in the terrain. The markers are designated A - E, as seen from left to right while at a decision point marked on the track, and the result must be recorded by marking the relevant box on the special control card. Some controls have a maximum time for this decision-making and the actual time taken is recorded to act as a tiebreaker for those with the same number of points for correct decisions. The area required to set a Trail Orienteering course need not be large so that school campuses, city and country parks are all suitable, the need for unfamiliar terrain becomes less and therefore it is possible to provide 'pay and play' courses near population centres.

**Potteries  
Orienteering Club**  
[www.sisyphus.demon.co.uk/  
POTOC/gif/](http://www.sisyphus.demon.co.uk/POTOC/gif/)

**Walton Chasers  
Orienteering Club**  
[www.walton-  
chasers.co.uk](http://www.walton-chasers.co.uk)

**Other Useful links:**  
[www.  
britishorienteering.  
org.uk](http://www.britishorienteering.org.uk)  
[www.trailo.org](http://www.trailo.org)