

Education

Inside:
Keep Fit!

We've run courses for adults across Stoke-on-Trent and North Staffordshire since 1908, in a wide range of subjects and in community venues. Our courses are fun and affordable. If you would like to ask any questions or find out where we're running courses near you, just call 01782 831911.



Start a new learning adventure this Autumn!
Personal & Family development courses in Stoke-on-Trent & Newcastle include:
Confidence & assertiveness, numeracy, digital photography, handling children's behaviour, English for Speakers of Other Languages (ESOL), literacy, maths for the terrified, introduction to computers, help your children with English, understanding child development, living & working with the under 8s, introduction to aromatherapy & reflexology.
Cultural studies & Branch courses include: history around us, arts & crafts in Staffordshire, art, music through the ages, American art & literature, bird watching.
To find your nearest course, visit:

www.wea.org.uk



The Workers' Educational Association is a charity registered in England and Wales (number 11 12775) and in Scotland (number SC039239) and a company limited by guarantee registered in England and Wales (number 2806910). Workers' Educational Association, 70 Clifton Street, London, EC2A 4HB

Exercise & Education in the Community

New classes inside!



Totally Toning



Have fun and learn in your own neighbourhood



Supported by
The National Lottery
 through the Big Lottery Fund



Stoke on Trent



Exercise & health



All levels: most suitable for beginners, less mobile people and those wishing to retain mobility

Cobridge Community Centre
Monday 11.30 - 1.00 Start date: 28/9/09 (ladies only)

Burnwood School, Chell
Monday 9.15 – 10.45 Aerobics Start date: 21/9/09

Gurdwara Temple, London Road Stoke
Tuesday 10.30 – 12.00 Start date: 22/9/09

Hanley Library
Wednesday 11.30 -1.00 Start date: 23/9/09 (over 50s)

Milton Youth & Adult Centre
Wednesday 9.15 – 10.45 Start date: 23/9/09

Jackfields School, Burslem
Friday 9.15 - 10.45 Start date: 25/9/09

Smallthorne Community Centre
Friday 10.00 -11.00 Start date: 25/9/09

NEW: Shelton Gym!

A free drop-in gym service for local communities in our friendly Shelton Youth Centre base, Room 5, Crowther Street, Shelton.

Open from September—please call 01782 831911 to book your induction

Monday 12.30 – 3.30—mixed session
Wednesday 9.00 -11.45 — ladies only
Thursday 10.00 – 1.00—men only
Friday 10.00 - 1.00 — mixed session

All welcome ~ Health assessments ~ Free!

All levels or Advanced is a guidance only and anybody can come along to the first session for an initial assessment - our tutors will always do their best to accommodate your needs.

After the start date, please telephone before attending to check if we are still accepting new learners.

All queries tel. 831911 or visit weastoke.tumblr.com.

Advanced: Most suitable for previous course participants and fitter people

Florence Sports & Social Club
Monday 12.00 - 1.30 Start date: 21/9/09

Christ Church, Tunstall
Monday 1.30 – 3.00 Start date: 21/9/09

Bentilee Neighbourhood Community Centre
Tuesday 1.30 - 3.00. Start date: 22/9/09 (over 50s)

Queensberry Youth Centre, Normacot
Wednesday 12.00 - 1.30 Start date: 23/9/09

St Michaels Church Hall, Chell
Wednesday 1.30 – 3.00 Start date: 23/9/09

Meir Community Education Centre
Thursday 9.30 – 11.00 Start date: 24/9/09

**On the Lifestyle Programme?
Ask your coach for their suggestions
on the best course for you!**



Stoke on Trent