

## Official Partner Update Issue 20

Welcome to the December edition of the runningsports e-newsletter.

Hopefully you will be starting to wind down for the Christmas holidays and put your affairs in order for when you get back in January. More likely you will be trying to cram five weeks work into two as well as getting the Christmas shopping done! Here at runningsports we are also starting to think about the year ahead, in particular how we can support you more/better throughout 2010. We have included some ideas here, and if you would like more 1-2-1 support, please just give me a call. In the meantime, have a fantastic time this festive season and I look forward to meeting up with you sometime/somewhere in the New Year!

Regards – Margaret  
07966 012159  
[mnolan@runningsports.org](mailto:mnolan@runningsports.org)

Please note: to access the full stories, you will need to log in. If you have forgotten your login details, please **contact us**.

### Planning your own conferences/meetings in 2010?

If you are planning on delivering some training or update sessions at your own local, regional or national events in 2010 runningsports is here to support you, we have a range of resources that can add value to your event. So if the appointment of Volunteer Coordinators is high on your agenda for 2010, why not consider providing some of the following resources to your volunteers:

- **Volunteer Coordinator** Role Outline (free to download)
- The **Volunteers** series of Top Tips (free to download)
- **Volunteers** Quick Guide (£2.99 each or free to download)
- **Valuing Your Sports Volunteers** workbook (£14.99 each)
- **Role of the Volunteer Coordinator** workbook (£14.99 each)
- **Managing Yourself** (£20.00 each)
- **Managing People** workbook (£20.00 each)

### Discounts available on bulk orders (not available online)

Order 10 – 50 resources and get 10% discount;  
Order 51 – 150 resources and get 20% discount;  
Order 151 – 300 resources and get 25% discount.

runningsports isn't just here to deliver workshops, we are here to help you deliver your sport!

You can place an order for any of our products by:

Phone – 0113 201 5555

Online: [www.1st4sport.com](http://www.1st4sport.com)

Fax: 0113 231 9606

Post: Coachwise 1st4sport, Chelsea Close, Off Amberley Road, Armley, Leeds LS12 4HP

You can pay by:

- cheque made payable to Coachwise Limited
- credit cards/debit cards
- official order

### Raise your game with these sport-specific resources...

Raising the bar in volunteer management, runningsports has developed a set of exciting resources designed especially for those working with sports volunteers.



#### **Managing People**

Focuses upon establishing skills to specifically develop sports volunteers, how to manage challenges in working with people and developing skills to work effectively with, and within, teams.



#### **Managing a Community of Sports Volunteers**

Explores the challenges of diversity, strategic issues around volunteering and the quality standard for volunteering - Investing in Volunteers.



#### **Managing Resources to Support Sports Volunteers**

Aimed at equipping volunteer managers with the skills to effectively monitor and evaluate resources, and look at financial and policy-related areas of the role



#### **Managing Yourself**

Focuses upon the skills you need as a volunteer manager to manage yourself and the workforce around you. It focuses upon managing time, managing change, continued professional development, leadership and influencing skills.

To buy these excellent resources visit [1st4sport.com](http://1st4sport.com)

These four resources also support the **1st4sport Level 3 Certificate in Managing Sports Volunteers** qualification which was developed in partnership with runningsports.

### SCOTY 2010

Only 2 months to go before the deadline closes on the Sports Club of the Year awards and the CCPR are looking forward to receiving entries from your sport.

There is £16,000 of prize money up for grabs so be sure to nominate your 3 best clubs! 3 x third place prizes of £1000, 2 x second place prizes of £3000 and 1 x first place prize of £6000; plus £1,000 for the winner of the College/University Club of the Year, so what are you waiting for? The deadline is 19 February 2010 so get your entries in now!

Further details are available on the **SCOTY** page on the CCPR website.

### How runningsports Helps County Sports Partnerships Support Their Volunteers

We recently spoke to four CSPs: Active Devon, Coventry, Solihull and Warwickshire Sport (CSW Sport), Tyne & Wear Sport and West Yorkshire Sport to see how they work with runningsports and what advice they could offer to other CSPs in terms of supporting their local networks of clubs and volunteers. Find out how they are using runningsports to support their volunteers...[read more](#)

### Working together to solve problems

Would you like to meet with other Volunteer/Club Managers to find solutions to common issues across sports and regions? We will be organising and hosting meetings in March 2010. Please let us know what you would like to discuss and we will try to source some experienced speakers to facilitate sessions that will help to identify solutions and present the information in such a way that you can easily take this back to your clubs. Ideas so far:

- how clubs can reduce drop off
- creating effective club committees and regional boards
- how organisations outside of sport recruit and retain volunteers
- using social networking websites

Please email your ideas through to

[mnolan@runningsports.org](mailto:mnolan@runningsports.org) putting **working together** in the subject title.

### Thinking of creating an on-line community? Check this out...

[www.sportegg.com](http://www.sportegg.com) is for clubs/coaches wanting to create an on-line community or manage their existing members. Have a look - it may be something you want to use for your clubs.

### Have you used your Free Needs Analysis Workshop yet?

Evidence tells us that training can lead to improved performance, however convincing a volunteer to attend a 3 hour workshop can seem like mission impossible. The Needs Analysis workshop can be used to educate your staff around the benefits of each of the runningsports workshops and make them aware of how runningsports resources can help with club and volunteer development. You could also use the workshop directly with a group of clubs and volunteers to discuss their specific needs over the next 12 months, including identifying barriers and possible solutions, so that you are only putting on the workshops they want and need. Book your free **Needs Analysis Workshop**.

### Link to Network Member e-newsletter

runningsports has over 5000 people registered as Network Members who are all active grass-roots volunteers in their local communities. They receive a copy of our Network Member e-newsletter which has information relevant for them. View the latest **Network Member e-newsletter**.

### Need to communicate with your coaches?

Why not use the new sports coach UK e-newsletter to promote your coaching related news and events to 6,000 people? By **signing up for free** as a Network Member coaches can get access to exclusive content such as coaching top tips, archive articles from coaching edge and an e-newsletter. Alternatively, details of how to bulk subscribe your coaches can be obtained from Paul Rufus at [prufus@coachwise.ltd.uk](mailto:prufus@coachwise.ltd.uk)