

**1 OF 3 FREE**

**FUTSAL  
TASTER  
EVENINGS**

Learn the skills of  
Messi, Ronaldo  
and Ronaldinho



**\*WATCH A  
LIVE  
FUTSAL MATCH**

**\*FREE  
FUTSAL  
COACHING**

# FUTSAL

FOR FEMALES 16+

**Enjoy playing football?**

**Fancy trying something  
different?**



**COME AND TRY A FAST AND  
FUN VERSION OF FOOTBALL**

**GUARENTEED TO GET YOU  
FIT!**

**Cost? FREE**

**For more information, please  
contact [Shelley Gudgeon](#) on  
[07866 501 274](#)**



**New women's team?**

**Friends who enjoy sport?**

**Looking for activity after work?**

**Enjoy football?**

**University/College team?**

**Existing women's football team?**



Futsal Taster Days are being held at...

**Wolverhampton University City Campus, Wulfruna Street,  
Wolverhampton, WV1 1LY: 2nd March 2009 (6-9pm)**

**St Thomas More Catholic School, Darlaston Lane, Willenhall,  
WV14 7BL: 19th March 2009 (6-9pm)**

**Cheslyn Hay Sports Centre, Saredon Road,  
Cheslyn Hay, Walsall, W56 7JQ: 23rd March 2009  
(6.30-8.30pm)**



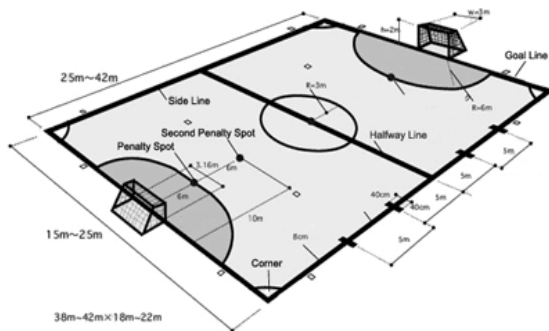
**Supported by Birmingham County FA, Staffordshire County FA,  
Wolverhampton Wanderers FC and Wolverhampton City Council**

# WHAT IS FUTSAL?



**FUTSAL** is an indoor version of football. It is essentially 5-a-side but with some twists on how the game is currently played across most of England.

Futsal has been designed to provide a high paced, energetic, fast flowing game for spectators at the same time as allowing players to be at their most creative by protecting those showing attacking flair.



## RULES:

- 5 players on court– rolling substitutes
- 7 substitutes
- Smaller ball with less bounce
- The emphasis is on improvisation, creativity, technique, ball control and passing in a confined space
- Touchlines and bylines used
- No height restriction on ball
- All players can enter the penalty areas
- Ball returned to play via kick-in, with 4 second time restriction

Visit [www.thefa.com](http://www.thefa.com) for more information or contact Shelley Gudgeon at [shelley.gudgeon@birminghamfa.com](mailto:shelley.gudgeon@birminghamfa.com) or on 01213 574278 (option 2)

## Free Futsal Taster Evening

Please complete this form, detach and return it to:

**Shelley Gudgeon**  
Football Development Officer  
Birmingham County Football Association  
Ray Hall Lane, Great Barr  
Birmingham B43 6JF  
Or at [shelley.gudgeon@birminghamfa.com](mailto:shelley.gudgeon@birminghamfa.com)

Name		
Address		
	Post Code	
Contact E-Mail		
Tel:		
Tel: (Mob)		
Date of Birth:		

**PLEASE TICK WHICH EVENT(S) YOU WILL BE ATTENDING:**

**Wolverhampton City Campus: 2nd March** YES/NO  
**St Thomas More: 19th March** YES/NO  
**Cheslyn Hay Leisure Centre: 23rd March** YES/NO

**Deadline for entry: 7 days prior to the date of each event**

**Get into Football**

