



Inclusive Fitness Initiative

in association with 

'Equipped for Inclusion - A holistic approach to creating an inclusive fitness suite'

Venues and Dates

**South - Westway Sports Centre, London -
Wednesday 9th July 2008**

**North - Ponds Forge International Sports Centre, Sheffield -
Wednesday 23rd July 2008**

**Midlands - Loughborough University, Leicestershire -
Thursday 24th July 2008**

What are the seminars about?

The IFI is running a series of seminars during 2008-2009. Building on the success of the first series of seminars which focused on Inclusive Marketing, the second series targets the fitness suite specifically, in particular how and why creating an accessible fitness suite can benefit users. The seminars include speakers from the IFI Team experienced with a wide range of facilities, as well as case studies from IFI site users that have benefited from using an IFI facility.

Key Benefits of Attending

- Find out the full benefits of being an inclusive fitness facility
- Increase knowledge and confidence in providing an inclusive fitness suite
- Maximise membership numbers
- Network with like-minded professionals
- Find out how other facilities in the region operate
- Become involved in a national-level seminar programme
- Strengthen links with the IFI and meet regional IFI representatives

Who can benefit?

Individuals that can benefit from attending include fitness instructors, individuals with a responsibility for purchasing equipment, fitness managers and equipment suppliers.



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Seminar Programme

09:45-10:10	Arrivals and registration
10:10-10:15	Welcome and introductions
10:15-10:30	Cybex and the IFI
10:30-11:30	Dawn Hughes and Howard Davies, IFI Equipment Team Inclusive Fitness Equipment: Present and Future
11:30-11:45	Break
11:45-12:45	Workshop session - Creating an Inclusive Fitness Suite
12:45-13:30	Lunch
13:30-14:30	Emma Peachey, IFI NSF Programme Manager Inclusive fitness suites: Access for a wider market
14:30-14:45	IFI Site case study
14:45-15:00	Conclusions and wrap up
15:00-15:30	Network Opportunity

Refreshments and a light lunch will be provided.

Booking Terms and Conditions

Application for places at the Inclusive Fitness Seminars are subject to availability and issued on a strictly first come first served basis. The following terms and conditions apply:

- Delegates' places will be confirmed or otherwise by email within 14 days of receipt of the completed Registration Form. Should the event become over subscribed a reserve list will be operated.
- Specific requirements related to diet, communication, access or any other specific issue must be registered at the time of application. Whilst every effort will be made by the organisers to satisfy all requests, those provided after 3 weeks prior to the seminar cannot be guaranteed.
- The IFI reserves the right to change the programme, speaker, date or venue without notice, or to cancel an event. The IFI will not be liable for any individual costs incurred as a result of the unforeseen cancellation or postponement of the event.
- If delegates cannot attend the seminar they must advise the IFI in writing so that a refund can be given in line with the notice period. Alternatively a replacement name can be submitted to the IFI. Cancellation charges for non-attendance at the seminar received in writing more than 14 working days of the seminar date will not be made. Cancellations within 10 working days or less of the seminar date are £50 per individual booking. Cancellation charges for non-attendance at the seminar are £50 per individual booking.
- It is the responsibility of the organisation to ensure that their employees attend the seminar upon which they are booked and attend for the full duration. Should this not occur the organisation will be invoiced in full.

IFI Seminars - Series Two

To reserve your place please return this registration form FAO: Cheryl Davidson by either fax, email or post using the details below. Seminars are £50 (+VAT) per person. Upon receipt of the registration form the IFI will send an invoice which is payable immediately. Alternatively, please attach cheques payable to EFDS OC c/o MLS at the address below.

Name (in full):

Organisation Name:

Job Title:

Address:

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Tel: Fax:

Email:

Organisation name and address for invoice purposes (if different from above) plus any purchase order reference:

Specific dietary, access or communication requirements:

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Please reserve me a place on the below seminar:

South: 9th July North: 23rd July Midlands: 24th July

I would like to receive the IFI Newsletter

I have read and understood the terms and conditions

This document is available in alternative formats

**The Inclusive Fitness Initiative, c/o MLS, 4 Park Square,
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