



OPEN SCHOOLS CHEERLEADING CHAMPIONSHIPS 2007

Saturday 28th April (Manchester Velodrome)
10am – 4pm



What is the Open Schools Cheerleading Championships?

The competition is aimed at anyone involved in Cheerleading at school. The competition will be split into High School and Primary School age categories, with two separate competitions: Pom Dance and Cheerleading.

Pom Dance:

- Max. 2 minute routine to music of your choice
- Perform any type of dance routine, which may encompass a variety of dance styles such as (but not limited to) Jazz, Funk, Pop, Lyrical, Hip-hop, etc. You must use pom poms.
- No limit on number of participants



Cheerleading

- 2 minute routine to music of your choice
- Perform stunts in accordance with UKCA rules and level of coaching qualification, if your coach is not qualified then you cannot use stunts
- No limit on number of participants

Who can take part?

The competition is open to any school throughout the UK. This competition is aimed at grass roots and mass participation rather than elite competition.

Team entries are limited and will be given on a first come first serve basis.

What is the cost?

£15 per person

We can suggest a number of options for the costing of the event:

- to approach your PDM or SSCO and ask if they can assist you
- if you are at a High School you can get money from Gifted & Talented
- you could get the kids to do some fund raising
- you could ask the school to subsidise some of the costs

What do we get?

- Entry into the competition
- Insurance
- A certificate and a medal for each young person
- Each division winner will receive a trophy
- The top school will receive a shield to keep for 1 year



What are the benefits?

Cheerleading has proven links to increased participation of typically underrepresented groups, contributes to improved health and fitness of all the young people involved, instils values of respect, hard work, motivation, communication, and most importantly fun!

Further Information

For further information and booking forms, please contact:

UKCA Head Office ask for **Adam Smith** (0845 1300849)

Email: asmith@mysport4life.co.uk or look on the web: www.abc-ukca.co.uk/openschool.htm