

## PESSYP eBulletin: Issue 002

### Information for School Sport Partnerships and County Sport Partnerships

Welcome to the second issue of the PESSYP eBulletin for all matters relating to the new Physical Education and Sport Strategy for Young People (PESSYP)

Update information has been provided by the Youth Sport Trust and Sport England, and the content is sectioned according to each of the ten strands of the national strategy.

As we emerge from the summer and the huge success of Team GB in Beijing in both Olympic and Paralympic arenas, this is a timely opportunity to look ahead and consider how our collective efforts can work to deliver our mutual objectives over the next four years.

The next issue of this bulletin will be produced early in 2009.

#### IN THIS ISSUE:

- 01 *Breaking news*
- 02 *News from London 2012*
- 03 *Infrastructure*
- 04 *Club Links*
- 05 *Coaching*
- 06 *Competition*
- 07 *Continuing Professional Development*
- 08 *Disability*
- 09 *Gifted and Talented*
- 10 *Infrastructure*
- 11 *Leadership and Volunteering*
- 12 *Sport Unlimited*

#### FURTHER INFORMATION

If you are a **School Sport Partnership** and you require any further information regarding any aspect of this bulletin, please contact your YST Development Manager

If you are a **County Sport Partnership** and you require any further information, please contact your Sport England Young People Lead regional officer.

#### BREAKING NEWS

##### **The School and Sport Partnership Conference 15 and 16<sup>th</sup> October**

The conference is filling up fast. So far up to 40 County Sport Partnerships and 300 School Sport Partnerships have registered. Workshop places are going by the day. This year we are introducing mini key note speakers which will run alongside the workshops. They include:

##### **Understanding the competition landscape**

Deliverer: Chaired by Alison Oliver, Youth Sport Trust, Contributors include David Sparkes, CEO, British Swimming and Andrew Scouler, Development Director, RFU

##### **4 Years to London 2012 Olympic and Paralympics**

Deliverers: LOCOG

##### **The Five Hour Sport Offer, Who should be in your "Fantasy Delivery Team" for the +3 hours?**

Who are the key driving agencies and organisations in the 5 hour offer? What does the new sporting landscape for young people look like? How might we configure local strategic partnerships to deliver the 5 hour offer? Who would you have in YOUR team? Deliverers: Clare Stretch, Youth Sport Trust and Mike Diaper, Sport England

##### **High quality leadership – what this means for the SSP?**

Supporting SSPs to understand

- the difference between leadership and management
- the most effective ways to lead an SSP
- and develop effective leadership style to enhance and progress SSP outcome

Deliverer: Les Duggan, Managing Director of Developing Potential Limited

The conference will be kicked off with a key note address from Sir Clive Woodward. Be sure not to miss out and register at <http://ssx.youthsporttrust.org/page/ssp-conf/index.html> for further conference details and online booking.

##### **UK School Games**

The 2008 UK School Games took place in Bristol and Bath at the end of August, and saw 1500 of the UK's most talented young people compete over four days in nine different sports. The Games was opened in spectacular style by Olympic Double Gold Medallist Rebecca Adlington in front of a crowd of over 4000, and the young athletes were truly inspired by her presence as they raised the bar of performance, breaking many records from the previous UK School Games events. In addition to the high standards on the field of play, the UK School Games saw groundbreaking work involving young people in a variety of roles,

including around 90 young people as young officials, and young people from five different countries fulfilling volunteer roles as part of the International Inspiration programme.

One of the key aims of the UK School Games is to create a systemic change in the way that competition is experienced by young people, not only at the major events such as the unique environment of the UK School Games but throughout the competition programme. The sports of Badminton, Judo and Volleyball are making specific progress in changing the competition environment at those events that feed into the UK School Games and the 2008-09 calendar should see this work on infrastructure come to light, leading towards the 2009 UK School Games in Wales next September.

## NEWS FROM LONDON 2012

**Get Set** – is the London 2012 education programme, launched on 18 September immediately following the Paralympic Handover Ceremony in Beijing. Driven by an interactive website featuring a whole host of flexible resources for 3-19 year olds, Get Set will give children and young people across the UK the chance to learn about the Olympic and Paralympic Values and play their part in the 2012 Games.

Join the network - through the Get Set website schools, colleges and other learning providers who are demonstrating a student led commitment to the Olympic and Paralympic Values will have the chance to join the Get Set network and receive rewards, recognition and endorsement.

**Go further** - in addition, London 2012 is working with partners to develop resources across eight key themes: internationalism, citizenship, practical learning, sport and PE, enterprise, sustainability and regeneration, culture and creativity and healthy, active lifestyles

Visit [www.london2012.com/getset](http://www.london2012.com/getset) and find out more!

## CLUB LINKS

### Background

The School Club Links work strand will create and develop links between schools and community sports clubs to support an increase in the number of children aged 5-16 years who are participating in community sports clubs.

23 National Governing Bodies receive funding to work with and support their accredited clubs to make sustainable and effective links with schools by working in partnership with County Sport Partnerships and School Sport Partnerships.

The overall outcome of the School Club Links work strand will be to increase the number of young people in School Sport Partnerships involved in community-based sport.

The School Club Links work strand 2008-11 will continue to be delivered by Sport England in close partnership with the Youth Sport Trust, National Governing Bodies and the Child Protection in Sport Unit. It will continue to:

- Create high quality sports club opportunities for young people that are welcoming, safe, high quality and child friendly
- Create high quality environments which encourage participation of children and young people
- Offer activity programmes which include provision for talent development, incorporating the principles of the Long Term Athlete Development model
- Provide access to activity programmes to all sections of the community

- Recruit and develop coaches and volunteers (including young people) to provide the best possible activity programmes

### Operational Update

National governing Bodies continue to do an excellent job in meeting and exceeding their targets of increasing 1) the number of accredited clubs, 2) the number of clubs with links to SSPs and 3) the number of participants in accredited clubs.

The figures at the end of 2007/2008 revealed that just over 6,900 clubs are now fully accredited (this includes Clubmark clubs and NGBs' own accredited clubs); that these clubs have successfully created over 5000 links with SSPs; and that almost 1.4 million young people aged 5 – 16 are currently participating in these clubs.

The School Club Links programme is currently under review for the 2009-13 period. The revised and enhanced programme will not just target 5 -16 but will have an emphasis on the 16 -19 age range.

Contact: [Sandra.smith@sportengland.org](mailto:Sandra.smith@sportengland.org)

### Multi-skill Clubs

The Multi-skill Clubs (MSC) programme forms part of the Club Links work strand. The programme aims to:

- **Extend opportunities to develop fundamental movement and sports skills** through out of school hours learning, regular participation opportunities for young people aged between 7 and 11. The activities delivered at MSC enable young people to develop fundamental skills such as agility, balance, co-ordination, catching and throwing by allowing them to practice in a non sports-specific environment.

- **Encourage school to club links** by using MSC to bridge the gap between high quality school sport and community sport. MSC provide the first real 'club' experience for young people and have the potential to create 'holding tanks' which can feed community sport clubs with physically literate young people.

- **Form part of the player pathway** through links to Multi-skill Academies ('MSA') which build on MSC and provide additional activities specifically designed for young people who have been identified as gifted and talented.

- **Promote participation for all young people** as MSC should be fully inclusive in terms of ability, gender, disability and ethnicity. Clubs provide excellent opportunities for young people with disabilities to participate in high quality club environments and form an integral part of the Paralympic player pathway.

- **Provide CPD opportunities** in multi-skill coaching for PE teachers and NGB Level 2 coaches, as well as quality environments within which to nurture young leaders and volunteers under the supervision of MSC coaches and teachers.

### School Sport Partnerships:

For the 2008-09 academic year, 50 SSPs have been identified and offered equipment, training and resources to develop 10 out-of-school-hours MSC across their partnership, for young people aged 7-11 to develop their fundamental movement and sport skills. These SSPs are those which have identified key stage 2 as a priority area for development through their Evaluation & Priorities Documents.

All 450 SSPs will also be able to access funding as a contribution towards helping to sustain local MSC. Partnerships can apply for this funding online at [www.youthsporttrust.org](http://www.youthsporttrust.org) from September 2008.

## KS1 Pilots:

To extend the reach of the MSC programme to young people aged 5-7, the development of key stage 1 out-of-school-hours learning club provision will be explored, focusing on the development of fundamental movement skills in a 'fun' club context. The pilots will assess whether the model of key stage two MSC can be applied as successfully to a younger age group.

## County Sports Partnerships:

County Sports Partnerships will continue to be funded in 2008-09 to deliver CPD for MSC deliverers. MSC funding will be offered to CSPs to deliver a minimum of one multi-skill workshop per 3 SSPs.

# COACHING

## Background

The ambition of the Strand is to:

- To create a step change in the quantity and quality of coaching offered to young people
- To ensure coaching within schools connects to competition, leadership & volunteering and club links to enhance and strengthening pathways for young people
- That ensure coaches are deployed effectively, and developed and valued by trained 'coach managers'
- To create a culture of co-coaching and coach mentoring
- To transform the coaching of children through the promotion of fundamental movement skills and fundamental sports skills by a multi sport and multi skill approach
- To establishment over time a network of coach development hubs within the education setting



## School Sport Coaches

In June, we set out the four main elements of the plan. The first part is well underway with every School Sport Partnership having identified and submitted a School Sport Coaching Plan. These clearly articulate the need for additional coaches to coach children and make a significant contribution to the 5 hour offer.

In preparation for PDM training, a tutor orientation training day was held on September 2<sup>nd</sup> for all YST and SCUUK Area Managers. This was well received and has further shaped the programme of training and development for PDMs. Partnerships in action! Our trainers, David Haskins and Creative Development have prepared some excellent, fun based learning and development for PDMs to really enhance and support their invaluable work around recruiting, inducting, developing and deploying coaches within their Partnerships.

The next stage is a series of ten interactive workshops taking place throughout September for the Partnerships to receive their coaching manuals and resources for local coach briefings.

Further details on scholarship schemes and direct support for all recruited coaches has also been developed and will be shared during the workshops. Progress has also been made in terms of the M+ E of the programme and work is underway in designing an on line tool for coaches which will be accessible for PDMs.

Local Coach briefings will then be delivered by the PDMs for the newly appointed School Sport Coaches. A briefing for 21 NGBs will take place on 1<sup>st</sup> October 2008. All those sports with a National Competition Framework are invited.

## Recruit into Coaching

### Background

The main aim of this programme is to recruit 8,000 adult volunteers into coaching in support of the 5 Hour Offer over the coming three years. The programme will be delivered in 70 of the most deprived areas of the country and will aim to provide adults with the skills and inspiration to volunteer as a coach. The volunteer coaches will be deployed locally according to need.

The strength of this workstrand is that it supports delivery across a range of other workstrands and agendas such as Step into Sport and School Club Links and wider work areas such as Club and Coach, 'Worklessness and employability' schemes locally and nationally, notably 'Personal best' and aims and objectives of other organisations compatible to RIC e.g. the Princes Trust. CSPs will also be able to link this funding to other existing coaching activity and wider local workforce development initiatives.

RIC will be delivered jointly by Sport England and YST. The club/community based elements of the RIC workstrand will be delivered through CSPs in partnership with NGBs and other local partners. We are also working with SkillsActive to ensure alignment with the Government skills agenda as well as adding value and match funding where opportunities exist.

10 CSP's have committed to be a part of the pilot which will go live in autumn 2008 and run until March 2009. The CSP's are:

- Humber Sports Partnership
- WESport
- Kent Sports Development
- Greater Sport
- Tees Valley Sports Partnership and Durham Sports
- Pro Active East London
- Pro Active Central London
- Coventry, Solihull & Warwickshire Sport
- Derbyshire Sport
- Active Norfolk

In terms of an early work of the pilots:

- CSPs, Sport England, sportscoachUK, Youth Sport Trust and key organisations such as the CPSU and City and Guilds and a selection of NGB's attended a Community Settings Workshop which provided them with an overview of the programme, enabled elements of the programme to be discussed and for individuals to provide input into the delivery model, and see presentations on examples of best practice from similar projects currently running.
- A further workshop will be held in October to work with CSP's on their delivery plans, and provide further updates and training as required.
- CSP's have been meeting with local partners to look at ways in which they can recruit new volunteer coaches and support them through the process of achieving new coaching awards and qualifications.

For more information on Recruit into Coaching in community settings, contact [Phil.veasey@sportengland.org](mailto:Phil.veasey@sportengland.org)

Recruit into Coaching offers a wonderful opportunity for Specialist Sports Colleges and School Sport Partnerships to achieve three outcomes:

- It will provide an onward pathway for Step into Sport leaders enabling them to complete their transition from leaders to volunteer coaches
- It will support the delivery of your Specialist Sports College Community Plan by providing a vehicle through

leadership and coaching to engage with a focused community group

- It will support the growth of a school sport workforce supporting schools in delivering the 5 hour offer

91 Sports Colleges/School Sport Partnerships from the 70 most deprived areas in England will shortly be receiving a letter inviting them to become involved in Recruit into Coaching. The 3 hour Recruit into coaching briefing will take place in the afternoon session of the Cross Strand Network Meetings taking place in November and December 08.

For more information on both School Sport Coaching and Recruit into Coaching (in school settings, contact: Suzanne.Glavin@youthsporttrust.org

## COMPETITION

### COMPETITION MANAGERS

#### Competition Managers

In order to create a step change in the structure of competitive sport for all young people a national network of 225 Competition Managers has been established and is due to be fully in post by January 2009. This network is being deployed through School Sport Partnerships (SSPs) in each of the 49 county areas.

Competition managers work closely with the National Governing Bodies of sport and the School Sport Associations to enable them to implement the national competition frameworks and in turn create a national system of competition that is delivered locally.

Currently 21 sports have developed their frameworks, which align with the principles of Long Term Athlete Development, ensuring that the competitive opportunities all young people experience are age and stage dependent. These guidance documents have also been an integral part of a recent publication to SSPs in the form of a Competition Toolkit which also provides a direct web link to each of the NGBs' schools competition site enabling teachers and other appropriate staff to have easy access to each sports competition pathway.

The Youth Sport Trust has been working with a group of 8 sports and has currently begun engagement with an additional eight, from the 21 sports that have developed their frameworks. This engagement enables clear national priorities and targets to be delivered through the network of the Competition Managers. As we move forwards the process will be continued with the remaining sports ultimately enabling the creation of long term systemic change both within the format and structure of competitive sport. This will be made possible through national competitive structures being established to deliver clear consistent and progressive competitive opportunities for all young people.

A National Competition Panel has also been established and has received presentations from four National Governing Bodies and School Sport Associations. The Panel comprises representatives from the DCMS and the DCSF, Sport England, Youth Sport Trust, UK Sport, British Paralympic Association, an Academy Principal and NGB representation. The role of the Panel is to check and challenge the NGBs on their competition plans which form the primary focus for the work of the competition managers. All of the NGBs engaged in this development work will be presenting their plans at forthcoming meetings.

#### Intra-school competition

Alongside the inter school competition there has been some real developmental work being undertaken within intra school competition. 8 National Governing Bodies of sport (NGBs) have

recognised the role that intra school competition can play, and have been working with the Youth Sport Trust to develop a resource targeting appropriate forms of competition for all young people. The 8 NGBs that have been involved in the delivery of this resource in year 1 include: Rugby League, Rugby Union, Tennis, Volleyball, Ultimate, Cricket, Table Tennis and Boccia.

The resource consists of a toolkit for Teachers and Students titled 'yoURSport.' This is the first in a series of valuable resources that will help SSPs really strengthen and expand intra-school competition. The activities included are for key stages 3 and 4 with an emphasis on a range of activities so all young people in this age group can take part in a competition of their choosing.

The aspiration for this resource is to ensure that by 2011 all young people experience competitive school sport. In leading up to 2011 the aspiration for 'yoURSport' will be to create an opportunity for 25% of young people to participate **regularly** through intra-school competition.

'yoURSport' will comprise an interactive CD Rom and Student Activity Cards that will help explain how to deliver intra-school competition and offer a number of different NGB formats/activities with which to engage pupils that will ultimately meet their needs and motivations for taking part. Teacher workshops have been designed to support the delivery of intra-school competition and use 'yoURSport' as a tool to help increase participation. YST has already delivered workshops within the regions of London/South East and Yorkshire/East Midlands with the remaining regions due to receive theirs from September 2008.

A pilot of 'yoURSport' was delivered from the 30<sup>th</sup> June and took place across 24 secondary schools from 7 different SSPs. Following the pilot, the impact demonstrated that 'yoURSport' facilitated enjoyable intra-school competitive activities that included the engagement of pupils that did not normally take part, created enhanced leadership skills, raised awareness of inclusion and fair play and ultimately increased physical activity amongst all pupils.

Year 1 of 'yoURSport' will be delivered to every school sports co-ordinator (SSCo) across the country from September 2008. An additional 6-8 NGBs will be identified for year 2 of the project by December 2008 with the development of an updated resource implemented by September 2009.

In addition to the implementation of the 'yoURSport' resource from September 2008, YST will also carry out some targeted work with 150 SSPs specifically from November 2008. This support will involve and include financial assistance across 3 years and will be rolled out wider to the remaining SSPs across the country in year's 2 and 3.

Through such innovative developmental work we are creating national competitive structures delivering clear, consistent and progressive opportunities. This in turn will enable all young people to have the opportunity to compete and progress at an appropriate level and will ensure a genuine 2012 legacy.

## CONTINUING PROFESSIONAL DEVELOPMENT

**SSP**  
*enhance*

#### SSCo Knowledge Development County Seminars

Due to the changes in Youth Sport Trust's Education and Training Programme for School Sport Partnerships, it was communicated recently to County Sports Partnerships (CSP) that from academic year 2008/9 Youth Sport Trust will solely be funding CSPs to facilitate a networking opportunity for SSCos.

This will be an SSCo County Seminar which will ensure all SSCos fully understand their role in the 5 hour offer and how this can be realised in their setting.

Youth Sport Trust and Sport England have been working together to develop the overview for the Seminars, which will be a blend of national structure and content along with locally developed structure to compliment 49 (one per CSP).

SSCo County Seminars will be facilitated at CSP level with support from the Youth Sport Trust. CSPs can use the networking opportunity to develop understanding and enhance partnership working.

#### Outcomes:

- The SSCo will have an in depth understanding of the national messages relayed at the S&SP Conference.
- The SSCo will have reviewed and checked their own understanding of the role of an SSCo.
- The SSCo will have an enhanced understanding their role within the five hour offer.
- The SSCo will have a greater understanding of how Intra-School Competition can support the five hour offer.

#### Structure of Seminars:

We are advising CSP's that they should be a one day event. The morning session will follow a national agenda (set by YST) and the afternoon session will be based around a local agenda (set by CSP). However we are aware of a number of CSP who have developed longer residential type events, obviously this should still be encouraged as long as the national agenda is delivered.

#### Dates of Seminars:

To be held after the School & Sport Partnerships Conference (to ensure the key themes and messages from the Conference are taken to the Seminars), taking place between November and March.

Youth Sport Trust Development Managers have started to make contact with CSPs to start identifying dates as we would like all dates confirmed by the middle of September.

#### PLT Conferences

LDAs are being asked this year to deliver similar conferences to Primary Link Teachers (PLTs). These events will headline the new national strategy and identify the role of the PLT in delivering this. In addition, the YST has developed a new set of workshops, which aim to support PLTs in their advocacy work with head teachers, understanding of leadership and volunteering and competition programmes, delivery of high quality PE and out of school hours sport and the development of potential. These workshops are under-pinned by a self-review process, which we hope all PLTs will be able to undertake.

## DISABILITY

250 SSPs have been invited to deliver the Playground to Podium Framework in 2008-09. Partnerships' current provision for young disabled people and local priorities against the development of the sporting pathway, were used to identify SSPs who have the capacity and need to deliver the framework from September.

Precedence was also given to county areas where there would be full coverage of SSPs delivering from September. This was in order to maximise the number of areas where young disabled

people will be ready to access the next step of the framework; the County Assessment Centres.

SSPs are tasked with delivering the following elements of the Playground to Podium framework which focuses on the identification, development and support of young disabled athletes:

1. **CPD for teachers** to develop skills in identifying and supporting ability in young disabled people.
2. Inclusive or dedicated **Multi-skill Clubs**, to develop the fundamental movement and sport skills of all young disabled people aged 7-11.
3. **Multi Sport Clubs** for ages 11-18, offering regular out-of-school-hours coaching opportunities to enhance the sporting skills of those young disabled people wishing to progress further in a sporting environment.
4. **Identifying Ability Days** to bring together those young disabled people identified as showing higher ability in PE and Sport, through PE curricular routes, multi sport opportunities and competitions, to experience a range of high quality coaching environments through which to assess their sporting potential.

Partnerships will be provided with funding, training and resources to support local delivery.

Through the work of Competition Managers appropriate competitive opportunities are being provided for all young disabled people. These build on the work undertaken at multi-skill and multi sport clubs and will be inclusive or dedicated events. Young people attending multi sport clubs will have the opportunity to access three multi sport festivals, initially overseen by Competition Managers, throughout the academic year.

## GIFTED AND TALENTED

### Multi-skill Clubs and Multi-skill Academies

Partnership Development Managers are now able to apply online for funding to support the delivery of Multi-skill Clubs and Multi-skill Academies in their partnership. As an integral part of the new Junior Athlete Education framework, targeted at providing support for young Gifted & Talented performers, grants will be available to support Multi-skill Academies in every school sport partnership in association with Sports Colleges.

Following the success of the pilot, 16 Regional Multi-skill Academies will be delivered by HEIs and Sports Colleges in April/May 2009. The RMSAs are designed to challenge the most able young people further in a multi-skill environment which assesses the 5 multi-abilities and to increase practitioner knowledge to improve the standard and consistency of MSA delivery across the country. Following a development day in October, the host sites for the 2009 RMSAs will be confirmed in November.

For further information please contact [francesca.ruffoni@youthsporttrust.org](mailto:francesca.ruffoni@youthsporttrust.org)

### National Talent Orientation Camp

The 2009 National Talent Orientation Camp will take place at Loughborough University from Thursday 8 – Sunday 11 January. The camp is designed to prepare talented young sports people aged 14-16 for the personal, sporting, academic and vocational challenges beyond compulsory education and beyond 2012.

There are four strands to the camp – talent & ability, attitude & ambition, knowledge & understanding, education & lifestyle support - through which the young athletes can begin to evaluate

their sport/life choices and assess whether they have what it takes to be the best.

The young athletes' timetable is developed in close collaboration with the four most successful pipeline sports (sailing, rowing, cycling and canoeing), incorporating cross-sport training sessions, inspirational presentations from athlete role models and interactive workshops which focus on the four strands. The camp is designed to challenge and equip young talented performers who are on the verge of being incorporated into World Class programmes.

For further information please contact [francesca.ruffoni@youthsporttrust.org](mailto:francesca.ruffoni@youthsporttrust.org)

## Performance Parent

The Youth Sport Trust is looking to develop a series of resources to support parents of young Gifted and Talented athletes, in line with the DCSF "Every Parent Matters" publication. As part of this, a new booklet "The Performance Parent" was distributed at a drop-in clinic for parents at the UK School Games. The booklet provides top tips, guidance and case studies and will be used to support the new Junior Athlete Education framework throughout 2008/11.

For further information please contact [francesca.ruffoni@youthsporttrust.org](mailto:francesca.ruffoni@youthsporttrust.org)

## INFRASTRUCTURE



### Youth Sport Trust Update

YST is currently reviewing its arrangements for support to the PESSCL infrastructure, following the arrival of its new Development Director, Clare Stretch. News of this re-alignment will be communicated to all partners as it develops, but it is intended that this re-alignment will be based around Government Office regions. In the meantime, SSPs and partners will be notified if their link YST Development Manager changes.

### FESCo Pilot Project Update



As from January the Youth Sport Trust has been working hard with School Sport Partnerships, FE Colleges, County Sports Partnerships, the Association of Colleges and British Colleges Sport to assist with the development and implementation of a network of FE Sport Co-ordinators based in 377 FE Colleges in England.

The main focus of the FE Sport Co-ordinators (FESCos) will be to increase opportunities for young people aged between 16 and 19 in education to participate, perform and lead and volunteer in sport. Of the 377 FE Colleges, a staggering 94% of colleges have indicated that they want to be part of the programme and hope to have a FESCo in place from September 2008.

Since April the YST has been working with 31 FE Colleges which were identified to be part of a pilot phase. This group of colleges has been instrumental in helping to shape the programme for the remaining 346 Colleges

During this time there have been many lessons learnt from the pilots involving all partners, evaluating the roles of the FESCo posts appointed, evaluating any successes and making recommendations for future delivery of the FESCo programme. The Youth Sport Trust (YST) commissioned Prospects4Sport ([www.prospects4sport.co.uk](http://www.prospects4sport.co.uk)) to undertake a study, in June, on the FE Colleges involved in the pilot FESCo programme. The purpose of this work was to evaluate the 30 pilot FESCos who started work across the 31 FE Colleges.

The evaluation of the pilot Colleges has resulted in a number of examples of good practice and also some issues that the FESCos have had to overcome.

These examples are split into three main areas:

#### • *Developing Relationships*

It is important for a FESCo to meet as many people as they can early in their role from within the college being integrated within the SSP as well establishing and developing external relationships with the County Sports Partnership, Local Authority and Community Sports Networks.

One of the tasks for the FESCo in post is to advocate and promote the role internally to all College staff and departments.

#### • *Understanding Delivery*

A FESCo will need to understand and be clear about what their priorities will be. This can be done through establishing a good baseline and undertaking an audit of existing provision – both **within the College** (what is happening in terms of sports participation and enrichment, competition, volunteering opportunities, recreation, the status of sport, funding available, staffing etc) and **beyond the College** – the local sporting context, partnerships and relationships etc.

One of the most important first jobs is to undertake an audit in College to establish a baseline of current participation.

Examples of prompt student and college questions can be found on the YST website ([www.youthsporttrust.org/schoolsportxchange/schoolsportpartnerships/pilotFESCo](http://www.youthsporttrust.org/schoolsportxchange/schoolsportpartnerships/pilotFESCo))

#### • *Starting to Deliver*

There are already some examples of some excellent work being undertaken in the areas of participation, leadership and volunteering and competition

#### *Induction programme*

During September and October all the FESCos are expected to attend an induction day. Each FE College has been allocated a place at their nearest venue. All attendees will receive valuable information about the programme as well as getting a polo shirt and a resource guide.

Further information and useful documents can be downloaded from the YST website ([www.youthsporttrust.org/schoolsportxchange/schoolsportpartnerships/pilotFESCo](http://www.youthsporttrust.org/schoolsportxchange/schoolsportpartnerships/pilotFESCo))

## LEADERSHIP AND VOLUNTEERING

### Step into Sport Update A Direction for the Future (Step ON, Step IN, Step OUT)

The purpose of the Step into Sport programme is to increase the quantity, quality and diversity of young people engaged in volunteering and leadership, with consequent benefits to schools, clubs, the community and the young people themselves. In essence the Step into Sport programme is a tool which enables schools and community settings to grow young people as leaders

and deploy them as active volunteers both within the school and community settings.

The Youth Sport Trust and Sport England have worked with partner agencies to develop the SIS 08-11 delivery model. Delivery aspects within Step On, In and Out continue to develop and include;

#### **Step ON Sport Education**

The repositioning of Sport Education to align with the KS3 Curriculum is being finalized through an authoring team including YST High Quality Development Managers and network practitioners. A session at the SSP Conference will formally introduce this new work. Further information on Sport Education roll out and training will be confirmed following a pilot.

Sports Leaders UK will produce a DVD demonstrating how older sports leaders (16+) can run the Young Leaders Award for candidates in KS2 and 3. This will be distributed to all SSP's.

#### **Step IN Top Link**

The way Top Link is delivered is currently being reviewed and one concept under consideration for 2009 is that a 'host' in each county area could be selected to drive this work forward on a local basis. This could be a 'Step into Volunteering' themed Top Link Day in each county, bringing added benefits for the host such as sustainable links forged with FE and HEI providers. A PDM development group will meet in September to discuss the ideas.

Sports Leaders UK will investigate the launch of a level 2 sports leaders' award for candidates under the age of 16 and make every effort to ensure all sports leaders awards can complement the proposed new sports diplomas. Sports Leaders UK will distribute 150 small grants of £200 to the first SSP's who apply to run a Sports Leader Award for a "target" group of candidates who would not normally access a sports leadership course.

#### **Leadership Academies**

School Sport Partnership Leadership Academy funding and process will be provided in the Autumn term. A guidance document to support School Sport Partnerships in establishing and developing their Leadership Academies is currently being printed and will be sent out in September. It starts to shape how a Leadership Academy can evolve with minimum criteria, citing a number of very good working examples from across the country to help support SSPs in establishing Leadership Academies from January 2009.

#### **Step OUT Community volunteering and On Line Passport**

Working with SSPs, CSPs will continue to take the lead in developing community volunteering placements for KS5 students involved in Leadership Academies from January 2009. The SiS Operations Manual, currently in circulation, alongside the Leadership Academy guidance document provides all partners with clear roles and responsibilities on delivery.

Sports Leaders UK will produce a resource for the new team of FESCO's to help candidates who have started on leadership awards to continue that journey as they go to FE College. This resource will focus on the Level 3 Higher Sports Leaders Award that now carries UCAS tariff points.

The On Line passport scheme and ICT platform behind it continues to develop following feedback from users. An updated list of Frequently Asked Questions will be forwarded in September, to aid users. We also plan to provide three ICT based training days across the country, for a nominated person from within the network (eg. County Sport Partnership or SSP staff who can then "champion" the system and cascade to others. The FAQs, existing "user" tutorials and the County training will hopefully support the "user" fully. Online passport training will also be available at the SSP Conference in October.

#### **Step into Sport Residential Camp**

The dates for the Step into Sport residential Camp for 2009, outcomes and process for selection will be provided in September. Following the success and impact of the 2008 Camp, our focus continues to be in growing and deploying young leaders, reflective of all young people within School Sport Partnerships. Between 2008 and 2011, every School Sport Partnership will be invited to select two young people to attend one of the three Camps.

#### **Things to look out for in early September:**

A number of resources and information regarding Leadership and Volunteering will be sent to School Sport Partnerships in early September once all aspects are confirmed;

- a. SIS 08-11 summary leaflet
- b. SIS Mentor resources
- c. Awards for young leaders booklet
- d. Leadership and Volunteering Journey DVD
- e. Leadership Academy guidance
- f. SIS Camp posters (comments from young people)
- g. Top Link 2009 confirmation
- h. SIS Camp 09 dates, process, confirmation
- i. On line passport FAQs and training dates

Contact: SCHOOLS/ SSPs,  
[james.wilkinson@youthsporttrust.org](mailto:james.wilkinson@youthsporttrust.org) and/or your YST Development Manager

COMMUNITY/CSPs, contact:  
[anne.homyer@sportengland.org](mailto:anne.homyer@sportengland.org)

#### **Young Ambassadors Update**

As we enter into the London 2012 Olympiad the momentum and excitement builds for the Young Ambassador programme.

#### **London 2012 Inspire Mark**

The Young Ambassador Programme has been awarded the London 2012 non – commercial branding: the Inspire Mark. The first time we will be able to use this is at the Young Ambassador Conferences which take place this September and October.

#### **Young Ambassador Conferences**

The first Young Ambassador Conference in York takes place on the day after the Paralympic handover from Beijing to London. Paul Deighton (CEO from The London Organising Committee for the Olympic and Paralympic Games) will be attending the York Young Ambassador Conference. There will be Olympians and Paralympians from the Beijing and previous games leading keynotes and the Young Ambassadors and teachers' strands. Many other VIPs have been invited to join us at the conferences. Each conference will be opened by one of our '12 National Profile Young Ambassadors' who together form the Young Ambassador Steering group

Dates for YA Conferences are as follows:

Thursday 18 September	York Race Course
Tuesday 23 September	Kassam Stadium - Oxford
Tuesday 30 September	Lancashire CCC - Manchester
Thursday 2 October	Derby County FC
Tuesday 7 October	Exeter Rugby Club
Thursday 9 October	Chelsea FC – London

**If your School Sport Partnership has not yet booked onto attend a Young Ambassador Conference there are still some place left at all venues – except Chelsea which is full.**

Please use the on-line booking system via the Youth Sport Trust website.

Please ensure that all Young Ambassadors have completed their registration form one week ahead of attending the conference

## Young Officials Project Update

The purpose of the of the young officials' project is to create a step change in the demographic of officiating and initiate a pathway and structure to enable young people to take up these roles. Supported by v (the implementation body of the Russell Commission) and National Governing Bodies (NGBs) of sport we have taken initial steps towards addressing this in the first year of the project.

Twelve new young officials' awards have been created and are ready for delivery:

- o Athletics level 1 assistants award
- o Badminton young officials award
- o Boccia young officials award
- o Fencing piste assistants award
- o Fencing competition administration award
- o Fencing refereeing award
- o Fencing armoury award
- o English gymnastics event officiating award
- o British Judo Level 1 timekeepers award
- o ASA club timekeeper award
- o English table tennis association young official award
- o Volleyball young referees award

The development of the project and creation of these new awards have been fundamental to the hard work and dedication that all nine Young Official Development Officers have shown during their placements within each of the nine NGBs involved. They have challenged and changed perceptions, and developed young person focused resources and delivery methods for each of the courses listed above.

Competitive sport cannot exist without match officials; they are the people who make it happen but are often forgotten about. We need to invest time in recruiting and developing the next generation of officials across all sports and promote their use in school and local competition to build confidence, skills and knowledge to officiate at higher levels.

We have secured funding from United Utilities and the vmatchfund to continue supporting NGBs and the development of young officials until December 2009. From September 2008 we will continue to work with the nine sports from year one, but also share the success and development of the awards with three new NGBs. Therefore, 12 young official development officers will be in post to recruit 1300 young people through School Sport Partnerships and NGB club networks to obtain an award and be actively deployed in support of competition. School Sport Partnerships and Competition Manager networks will be encouraged to ensure opportunities for newly trained young officials are given, and that these leaders log their hours on the online passport system to accrue hours towards their Step into Sport award.

Each NGB will be challenged to access and promote their awards through diverse groups of the population, and ensure that they build tutor capacity to cope with the increased interest and demand of the awards. Each sport will identify and offer higher level officiating opportunities to circa 10 young officials who are trained through their award, and support them in their officiating development.

In its initial year this project has recruited and trained over 1000 young people who are actively deployed in support of school and local level competition. Feedback has been fantastic, and the young people are thriving on the new responsibility, purpose and direction that the officiating opportunity has given them. We look to build on this from September, and help create the next generation of officials.

Contact: [louise.gruchy@youthsporttrust.org](mailto:louise.gruchy@youthsporttrust.org)

## Young Event Volunteers project Update

Our new Young Event Volunteers project, funded by HSBC Education Trust, launches in September 2008 and seeks to create a new generation of young people as sports event volunteers. Working in partnership with the UK Sport Major Events Team and six of England's major host cities for international sports events this project aims to create an everlasting legacy of young people as volunteers.

The project will enable us to reach across established community divides, inspire young people to 'get involved' and tackle negative perceptions of young people by providing high profile examples of the positive contribution they can and do make.

Alongside the major event host cities, we have recruited six young people to undertake an amazing opportunity as a Young Event Volunteer Development Officer (YEVDO) to drive this project forward. Host cities include: Manchester, Sheffield, Tyne and Wear, Bristol/Bath, London and Birmingham. Each YEVDO will play a crucial part in identifying, recruiting and training event crews, led by students from local Higher Education Institutions as team managers and young volunteers from local School Sport Partnerships as crew members. Each young person will be deployed in support of at least three major events over a 12-month period, and 250 young people will be targeted for involvement throughout each year of the project.

Led by young people, for young people with support from major event teams this innovative project is an opportunity to inspire everyone to develop their interests and volunteer in sport. The project has already received support for three years to ensure that a model for the provision of new volunteering opportunities is created.

Contact: [louise.gruchy@youthsporttrust.org](mailto:louise.gruchy@youthsporttrust.org)

## SPORT UNLIMITED (formerly Extending Activities)

Following agreement from the DCMS and DCSF the decision has been made to rename the Extending Activities programme to **Sport Unlimited**. The name was tested informally with a number of CSPs and SSPs and was well received. The consensus is that Sport Unlimited has a better feel, implies no boundaries to what youngsters can achieve, is easier to promote and the 'Unlimited' will appeal to the semi-sporty segment we are seeking to engage through the programme.

### Operational Update

The 12 trailblazer CSPs who's delivery plans went live in April have now successfully delivered the first term (summer) of Sport Unlimited activities. The trailblazers are:

- Active Norfolk
- Leicester-shire & Rutland Sports Partnership
- Derbyshire
- Pro-Active South London
- Pro-Active West London
- County Durham Sport
- Cumbria Sport
- Bucks & MK
- Berkshire Sport (Reading only)
- Herefordshire & Worcestershire Sports Partnership
- Somerset Activity and Sports Partnership
- West Yorkshire

Sheffield Hallam University has been carrying out a focused evaluation of the programme and some of the highlights from the early findings are:

- Since April 2008 almost 500 individual projects have started and delivery by the 12 Trailblazers is anticipated to double during term 2.
- New partnerships with non-traditional and non-sport organisations have formed - with many more new partnerships planned for term 2.
- Funding has been secured from a variety of partners, including Youth Services, Children and Young People's Services and PCTs.
- The KPI data received so far shows excellent retention rates. Early data from West Yorkshire, Somerset and South London has retention rates of over 70%.

In June the Sport Unlimited national review panel made up of senior colleagues from DCMS, Sport England, YST and the Child Protection Sport Unit signed off both the autumn and spring term Sport Unlimited delivery plans for both the trailblazer and phase 2 CSPs.

Autumn term delivery plans for all CSPs go live in September, which will mean full role of the programme across the country.

One of the critical success factors for the Sport Unlimited programme is the signposting of young people to the framework of activities on offer in their local area. Sport England is currently working with a social marketing agency to explore the use of social media to engage young people in Sport Unlimited activities. A pilot project using social networking as a signposting tool will take place in Manchester in partnership with British Cycling and Greater Manchester County Sports Partnership. The project will take place between September and December with early evaluation findings circulated to Sport Unlimited partners in October.

#### **Things to look out for;**

In addition to a major focus on the immediate delivery of the programme, CSPs are already beginning to look forward to the second year of the programme and will begin to start planning for Year 2 delivery in September/October.

The partnership between CSPs and SSPs remains absolutely critical to the success of the Sport Unlimited programme. However, as we plan for Year 2 we expect to see a reduction in the dependency on the SSP network to commission activity on the behalf of CSPs. The primary role of the SSP network for Sport Unlimited should be around student voice and signposting i.e. identifying the preferences of young people and helping communicate the availability of activities to them. It is the CSPs role to commission providers of activity or work with other partners who fulfil this function.

For more information on Sport Unlimited, contact  
Cassell.bailey@sportengland.org

